



**Cognus**  
Thinking about ... Education

Coffee morning for  
foster carers:

Home-based  
learning strategies

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*Service*

# The three S' to home-schooling

## **1) Setting up a learning space**

A quiet, distraction free space with all of the resources that they need. Separate from their social time, where possible.

## **2) Structure**

A consistent beginning and end of the home school day with breaks. Visual timetables can be helpful.

## **3) Supporting role**

Playing the dual role of teacher and parent can be extremely difficult.

'I do, we do, you do' is a great model to support their learning.

# Extrinsic and Intrinsic motivation

<b>Extrinsic</b> (to earn a reward or avoid a punishment)	<b>Intrinsic</b> (for own sake and personal reward)
<ul style="list-style-type: none"><li>• Routines and structures set the expectations.</li><li>• Working towards a reward of their choice.</li><li>• Praising their hard work and effort.</li><li>• Create challenges, use technology.</li></ul>	<ul style="list-style-type: none"><li>• Student-led learning</li><li>• Offering them choices in what they do first.</li><li>• Setting obtainable goals to achieve together.</li><li>• Ensuring work is differentiated.</li><li>• Being creative with how they learn.</li></ul>

Next coffee morning on  
Tuesday 9<sup>th</sup> June at 10am

Topic:  
*Calming strategies to support  
mental health and learning*



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Thank you!

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Service*