

Contact us

By phone on
020 8770 5409

We are available Monday to Friday (excluding Bank Holidays) 9am to 5pm and we can visit you at school, home, within a community setting or at a children's centre.

By email
hcpadmin@sutton.gov.uk

Or visit
suttonhealthandcare.nhs.uk/school-nursing

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from:
suttonhealthandcare.nhs.uk

No conflict-of-interest were declared in the production of this booklet. The information in this booklet is correct at the time of going to print.



Your School Nursing Service

A service for all children and young people aged 5–11 and their families.

What do School Nurses do?

School nurses are registered nurses who have professional experience in supporting the health needs of all school children.

They work as part of a multi-skilled team of specialist practitioners, school staff nurses, nursery nurses and support workers.

They continue the work of the Health Visitor in promoting good health and prevention of illness in the school aged population. This is in line with the Department of Health 'Healthy Child Programme'.

The school nursing team works with parents, carers, children and young people of school age providing advice and support on the issues listed below. This can be part of direct work with individual children and families or as group talks within the classroom.

- Parenting
- Children with special needs and complex health needs
- Sleep/behaviour
- Allergies and asthma
- Development
- Eating problems
- Alcohol, drugs and smoking
- Emotional and mental health issues
- Sexual health and relationships

What else can your school nurse team offer?

- National Child Measurement Programme
- PSHE in schools
- Enuresis (bed-wetting) clinics
- Support health needs in school
- Safeguarding
- Healthy weight programme
- Confidential health advice
- Home visits
- Referral to other specialists
- Parent drop-ins



When can you expect to see your school nurse team

Your school nurse will contact you at the following stages:

When your child starts in reception – we will ask you to fill in health questionnaire about your child's health. We will also ask for your consent to see your child in school to be weighed and measured. If you identify that your child has some health needs, we will contact you to discuss further and possibly arrange to meet you.



Year 6 – we will offer you the opportunity to have your child weighed and measured again.

In addition:

A member of the school nursing team may meet with you at the school's parent/teacher afternoons and evenings.

You can contact us at any time to discuss your child or young person's health needs.

Other contact stages will occur according to individual need.

Who do we work with?

We often work with other agencies in the best interests of families, including educational staff, GPs, health visitors, speech therapists, hospital staff, therapists, and both children and adult social services.

We may share confidential information with these agencies with your consent. We will only share information without permission when we have a duty of care due to serious concerns about the welfare or safety of a child or young person.

Healthy Child Programme

Your community

All communities offer a range of services for children and families. Parent's and carers are welcome to access the school nurse at school, children's centres and other community locations or the school nurse may visit your family at home.

Universal services

The school nursing team provides the Healthy Child Programme to promote healthy lifestyles for children, young people and their families. They offer support through a variety of public health initiatives both in school and the local community.

Universal plus

The school nursing team offers a swift response to specific health concerns, long-term issues and additional health needs. They provide care plans for children in schools who have conditions such as diabetes, allergies, epilepsy and other health needs. The team also ensures that school staff have sufficient training to safely support your child or young person in school.

Universal partnership plus

School nurses support children, families and young people with complex physical and emotional health needs over a period of time in collaboration with other services, including specialist health services, the local authority, Youth Justice System and voluntary organisations.