

2024/2025



Early Years Support Package

Training and support available for mainstream
early years settings 2024/2025

PRESENTED by:

The Early Years Operational Group

Email: earlyyearsopgroup@cognus.org.uk



Training offer

The complexity of special educational needs presenting in children within the Early Years is widely considered to be increasing, and in response to this we are trying to increase the training and development opportunities available for mainstream settings. Following on from the success of the two conferences last year we are once again creating an Early Years Support Package which is fully funded and free to attend for all practitioners and settings supporting children in the early years across settings in Sutton.



In person training

Training sessions delivered from Cantium House or within schools. This will include workshops from the EY SEND team as well as local school staff, Therapies, Educational Psychology and SENCO network sessions with guest speakers.



Peer observations

Opportunities for practitioners to visit schools where a particular approach is embedded well and is a demonstration of good practice. It is advised that a follow up conversation occurs afterwards.



Online training

Online sessions available so that practitioners can watch remotely at the time or following on from the session.



Online resources

Information available online from the EY SEND team to support practice as well as [resources produced by the Dragonflies Assessment and Intervention Base.](#)



Bespoke training from the EY SEND Advisors

Bespoke training sessions can be created by the EY SEND Team for individual or groups of settings in Sutton. This could be training on general SEND good practice or on an area of need that has been identified. Training can be run on inset days or in the afternoons. We also have limited Saturday mornings available as well.

Please contact Debbie McHugh on 020 8078 5623 or debbie.mchugh@cognus.org.uk for more details.

EY SEND Advisor sessions 2024/2025

Title	Session Focus	Date and time
New funding arrangements	The aim of this session is to go through the changes to Early Years Funding, including how to complete the new paperwork and answer any queries settings may have.	Monday 23rd September 13:00-15:00 Online
SENCO Network meeting - Autumn	SENCO network meetings are face to face meetings held at our offices in Wallington which give an opportunity for practitioners to network with each other. Guest speaker: Masterclass on sensory regulation and readiness to learn by Jack Markworth from Rainbow at Green Wrythe Primary	Thursday 17th October 12:30-15:30 Cognus offices, Cantium House
SEND Surgery - Autumn 1	Virtual drop-in sessions to give practitioners an opportunity to talk through concerns about children with the EYS SEND Advisers. You will be given a 15-minute slot.	Thursday 24th October 13:00-14:30 Online
EYS SENCO's new to role	This training session is suitable for PVI SENCO's that are new to the role or practitioners who wish to further their understanding of supporting children with SEND.	Monday 4th November 09.30-12.30 Cantium House Cost: £42 (inc. VAT)
Identifying and supporting EYS children with additional needs	The aim of this session is to provide practitioners with the knowledge, understanding and skills to identify and support children with additional needs.	Monday 18th November 09.30-12.30 Cantium House Cost: £42 (inc. VAT)
SEND Surgery - Autumn 2	Virtual drop-in sessions to give practitioners an opportunity to talk through concerns about children with the EYS SEND Advisers. You will be given a 15-minute slot.	Tuesday 26th November 13:00-14:30 Online
SENCO Network meeting - Spring 1	Guest speaker (to be announced)	Monday 20th January 12:30-15:30 Cantium House
SEND Surgery - Spring	Virtual drop-in sessions to give practitioners an opportunity to talk through concerns about children with the EYS SEND Advisers. You will be given a 15-minute slot.	Friday 7th February 10:00-12:00 Online
SENCO Network meeting - Spring 2	Guest speaker (to be announced)	Thursday 20th March 12:30-15:30 Cantium House
SEND Surgery - Summer	Virtual drop-in sessions to give practitioners an opportunity to talk through concerns about children with the EYS SEND Advisers. You will be given a 15-minute slot.	Friday 9th May 10:00-12:00 Online
SENCO Network meeting -Summer	Guest speaker (to be announced)	Thursday 15th May 12:30-15:30 Cantium House

To book on to any of these trainings please go to <https://suttontraining.event-booking.org/events-list?c=266>
For any other enquiries about booking training please contact cpdadmin@cognus.org.uk



Early Years Nursery Package: 2 - 5 years

Course	Date & Time
<p>Understanding and supporting ADHD in the Early Years. Exploring the emerging characteristics of ADHD in young children. Introducing Early Years Practitioners to strategies that can be implemented within the setting.</p>	<p>05/06/2024 3.45pm - 4.45pm</p>
<p>Autism within the Early Years. Exploring the emerging characteristics of Autism in young children. Introducing Early Years Practitioners to strategies that can be implemented within the setting.</p>	<p>03/07/2024 3.45pm - 4.45pm</p>
<p>An Introduction to emerging neurodivergence in the Early Years. During this session, we will explore Neurodivergence in young children including brain development and presenting characteristics. The audience will be introduced to strategies to support the emerging characteristics in young people.</p>	<p>18/09/2024 3.45pm - 4.45pm</p>
<p>Setting up a neuro-inclusive environment. An introduction to neuro-inclusive practice and how practitioners can implement environmental strategies to become a neuro-inclusive early years setting supporting children with emerging neurodivergence.</p>	<p>2/10/24 3.45pm - 4.45pm</p>
<p>Working collaboratively with parents. During this session, we will explore best practice strategies for working collaboratively with parents and carers, of children with emerging characteristics/diagnosis of neurodevelopmental conditions.</p>	<p>6/11/24 3.45pm - 4.45pm</p>
<p>Understanding and supporting attachment and trauma. Exploring attachment, trauma and the developing brain. Best practice strategies will be introduced focusing on trauma informed settings.</p>	<p>5/12/2024 3.45pm - 4.45pm</p>
<p>Understanding and supporting emotional self-regulation. During this session, we will explore how emotional dysregulation presents in children. The audience will be introduced to best practice strategies to support emotional reactivity.</p>	<p>15/01/2025 3.45pm - 4.45pm</p>
<p>Supporting Early Language and communication. During this session, we will explore the developmental stages of early communication. We will discuss how to support young children, who may be showing a difference in this prime area of the EYFS curriculum</p>	<p>05/02/2025 3.45pm - 4.45pm</p>
<p>Supporting sensory integration. During this session, we will explore the sensory system and how sensory integration differences can impact learning and development. The audience will be introduced to best practice strategies to support sensory integration difference.</p>	<p>05/03/2025 3.45pm - 4.45pm</p>
<p>Looking at behaviour through the lens of Neurodiversity. During this session, we will explore origins of behaviour through the lens of Neurodiversity. The audience will be introduced to observation techniques alongside strategies to support.</p>	<p>02/04/2025 3.45pm - 4.45pm</p>

www.adhdfoundation.org.uk

EarlyYears@adhdfoundation.org.uk



@ADHDFoundation



ADHD Foundation

To access the 24/25 practitioner online training courses, use this [Eventbrite link](#). If you can't attend live, sign up for the session using the steps in [this link](#), and you'll automatically receive the recording 24 hours later. Please allow 24 hours for this to process and be mindful that this will be sent to the email address that registered for the session. Enter the discount code **EarlyYears2425** for free access to all sessions. After signing up, you'll get a confirmation email and, within two weeks, an email with all Zoom links. You'll also receive a reminder a week before each session. Recordings will be available for two weeks after each session.

Autism and/or complex social communication difficulties

Session	Date and time	Sign up details
SENCO network meeting Masterclass on sensory regulation and readiness to learn by Jack Markworth from Rainbow at Green Wrythe Primary	Thursday 17th October 12:30-15:30 Cognus offices, Cantium House	Online sign up
Setting visit - The Avenue Base Observation of the provision available at The Avenue Base (KS1-KS2). This would include use of AAC and application of Attention Autism to teach phonics and Maths	To be arranged with the setting	Email Ana Vaz, Head of Avenue Special Opportunity Base avaz@cirrustrust.uk
Twilight setting visit - Dragonflies Observation of the provision available at Dragonflies Assessment and Intervention Base (Nursery). This would include use of specialist language and communication support.	Wednesday 18th September 16:00-17:00 and Wednesday 6th November 16:00-17:00, Dragonflies, Thomas Wall Nursery	Email Sian Benedict-Owen, Head of Base/SENDCo sbenedictowen1@suttonmail.org
Reframing behaviour and supporting regulation - Cognus OT and SALT A series of sessions focused on understanding and supporting behaviours arising from complex social communication difficulties using approaches of regulation and play	Self-regulation, Friday 15th November 13:00-15:00 Sensory development and support, Thursday 5th December 09:00-11:00 Play and social communication skills using Floortime, Friday 7th March, 09:00-11:00 Communication, Tuesday 6th May, 13:00-15:00	Online sign up
The Curiosity Programme - Rainbow Base Training and observation of the Curiosity Programme which is designed to support language and communication for children with social communication and attention needs.	Wednesday 25th September 13:30-15:00 and Wednesday 2nd October 13:30-15:00 Green Wrythe Primary School	Email Rosemary Jones, Teacher in Rainbow Base rjones179@greenwps.org
EarlyBird Parent Support Programme - PlayWise An 8 week positive parenting programme for families with a child with an Autism diagnosis, or who is on a trajectory towards an Autism diagnosis	See information on the flyer below (in person and online options)	Online sign up

Training sessions to support universal and targeted needs

Session	Date and time	Sign up details
<p>Emotion Coaching - Educational Psychology Service A universal approach to support co-regulation in the moment and longer term development of self-regulation skills for children with language or emerging language levels</p>	<p>Saturday 16th November 08:30-09:30 (online)</p> <p>or</p> <p>Wednesday 19th February 13:00-15:00, Cantium House</p>	<p>Link for online session: Online link: Join the meeting now Meeting ID: 374 133 568 960 Passcode: TrkP6e</p> <p>To sign up for the in person use this link Online sign up</p>
<p>Physical development - Sherwood Hill Occupational Therapy Typical physical development and risks factors for development</p>	<p>Monday 4th November 13:30-15:00, Cantium House</p>	<p>Online sign up</p>
<p>Universal and targeted language support - NHS SALT Approaches and strategies to use with individuals children and groups of children to support language building</p>	<p>Friday 23rd May 09:00-11:00, Cantium House</p>	<p>Online sign up</p>
<p>Using learning labs and enhancing the environment - Beddington Park Primary Academy Webinar to share how the setting use themes to structure the learning environment and set up 'labs' to purposefully link and promote language</p>	<p>Webinar</p> <p>TBC</p>	<p>Email Rachel Waters, Assistant Headteacher rachel.waters@stepacademytrust.org</p>
<p>Setting visit - Beddington Infants School Visit the school to hear about and observe their 'Learning Naturally' pedagogy</p>	<p>Thursday 19th November, 09:15, Thursday 6th February, 09:15, Wednesday 12th March, 09:15 and Wednesday 30th April, 09:15</p>	<p>Liz Kearney, Headteacher</p> <p>See school website for sign up information</p>



EarlyBird Parent Support Programme

EarlyBird is a brilliant 8 week programme of support for parents and carers whose child has a diagnosis of autism (or presenting with traits of autism/ social communication).

The programme offers advice and guidance on strategies and approaches for supporting young autistic children aged 2-5 years.

EarlyBird works through a range of workshops and observations including:

- understanding autism
- building confidence to encourage interaction
- communication and understanding
- supporting behaviour

EarlyBird runs for 8 weeks every week during term time only.

For more information and to register your interest for the programme, please email:

For more information, email us at info@playwise.org.uk or call 020 8770 4812

IN-PERSON SESSIONS IN PLAYWISE HUB

EARLYBIRD [MORNING] EVERY THURSDAY

3rd October - 28th November 2024
From 9.30 am - 12:00 pm

EARLYBIRD [AFTERNOON] EVERY WEDNESDAY

15th January - 19th March 2025
From 12.30 pm - 3:00 pm

EARLYBIRD [EVENING] EVERY WEDNESDAY

2nd October - 27th November 2024
From 4.30 pm - 7:00 pm

ONLINE SESSIONS ONLY EVERY THURSDAY

16th January - 20th March 2025
From 6.30 pm - 9:00 pm

To book a space on either of the next courses,
click on the link below:

<https://form.jotform.com/241552207730348>

OR

SCAN



This is a free course to Sutton Residents - to confirm you booking - please click on the PayPal link - you will NOT be asked for payment

Peer observation directory

The following provides a list of settings who are happy to be contacted to arrange peer observations. They have been identified as they are recognised as delivering good practice in a particular area and are happy to be contacted to share this with other settings and practitioners.

We are hoping to increase this model of peer working across the local area so please do let your EY SEND Advisor know if you would like to be added to this list. If there is an approach you would like to know more about but which is not listed below please do also ask your EY SEND Advisor who may be able to identify an appropriate setting and support you in arranging this.

Setting	Activities and approaches used	Contact/ observation details
Rainbow Base, Green Wrythe Primary School	Targeted and specialist approaches for supporting Autism including AAC, Curiosity Programme	Nikki Kidd nkidd@greenwps.org
The Avenue Base, The Avenue Primary Academy	Targeted and specialist approaches for supporting Autism including AAC, Attention Autism	Ana Vaz avaz@cirrustrust.uk
Sutton Opportunity Pre-School	Planning and support for children with complex and medical needs	Location - TBC
Our Day Nursery	Enhanced universal and targeted approaches for social communication and Autism needs	Rosie Williams rosie@ourdaynursery.co.uk
Glaisdale Day Nursery	Enhanced universal and targeted approaches	Sam Hendry info@glaisdaledaynursery.co.uk
Playdays Pre-School	Enhanced universal and targeted approaches The setting are also buying in Makaton training and have some additional spaces	Gemma Davey playdayspreschoolsutton@outlook.com
Lavender Pre-School, Tweeddale Children's Centre	Enhanced universal and targeted approaches including Star Time to develop social communication	Marie Wright info@lavenderpreschool.co.uk
Dragonflies, Thomas Wall Nursery, Robin Hood Infants School	Targeted and specialist approaches for supporting Autism including AAC, Attention Autism, Intensive interaction	See above for visit dates and contact details
Playhouse Day Nursery	Enhanced universal and targeted approaches and use of a sensory room	Lucy Sinclair lucy.sinclair2@rmh.nhs.uk
Beddington Park Primary Academy	Enhanced universal and targeted approaches - focus on enhancing environments and learning labs	Rachel Waters rachel.waters@stepacademytrust.org
Beddington Infants School	Enhanced universal and targeted approaches	See above for visit dates and contact details

EY SEND Advisor support for nursery pupils

The Early Years SEND advisors support and advise PVI settings – Pre-schools, Day Nurseries, Childminders and Early Years provision in Schools. Early Years settings and/or school SENCOs can make a request for support regarding individual children via a request form. Some children are brought to our attention via a notification from a health professional but for the most part requests are made by settings.



NURSERY VISITS

- Requests are triaged and support is offered through advisory visits, email or telephone advice.
- When visiting a setting or school to support an individual child, we meet with parents/carers when appropriate and can offer advice and more information. We also meet with parents on an ongoing basis, if necessary.
- Onward referrals are supported where necessary.



TRANSITION PLANNING

- For some children it may be suggested that the EY SEND advisor attends a transition meeting with the school the child is moving into
- This would happen during the Summer term before the child moves to the school
- This will not be offered for all children and will focus on children moving to mainstream settings without the support of an EHCP



STAFF TRAINING

- Online training, bespoke face to face sessions
- Regular network meetings

EY SEND Advisor support for Reception pupils

In order to ensure that children with SEN move successfully from their early years setting into school there is some limited support available from the EY SEND Team. For the most part however once a child begins in school it will be the responsibility of the school SENCO to seek support from school-aged services including Therapies, Educational Psychology, Paving the Way.

Support will only be available for those eligible during the first half-term of the Autumn term.



COHORT VISITS

- All Sutton schools will be offered a cohort visit by the Early Years SEND advisors in the Autumn term. These visits will be a discussion around the full cohort and will discuss strategies and ideas for support.



RECEPTION VISITS

- Children previously known to the Early Years SEND advisors may be given one visit in the autumn term if requested by the new school, this visit will focus on strategies of support.
- A new request form will be required.



RECEPTION SEND SURGERIES

- Reception teachers and/or School SENCOs will be able to book a 15-minute slot during any of the Spring or Summer SEN Surgeries to discuss children with the Early Years SEND advisors.



STAFF TRAINING

- Reception staff are welcome to participate in any of the training outlined above as part of the EY Support Package.

Parent/carer training package

Session	Overview of session	Sign up information
<p>Creating a Positive Bedtime Routine</p> <p>Venue: Live webinar Date: 25.11.2024 Time: 9:30-10:30</p>	<p>This session will explore how sleep can be impacted for our children, with emerging characteristics of neurodevelopmental conditions. We will look at strategies and share ideas of how to create a positive bedtime routine.</p>	<p>Details to be released later in the year</p>
<p>Understanding and Supporting my Child's Early Development</p> <p>Venue: Live webinar Date: 20.01.2025 Time: 9:30-10:30</p>	<p>During this session, we will focus on early brain development and emerging characteristics of neurodevelopmental conditions (particular focus on ADHD and Autism). Introducing parents and carers to strategies that can be implemented within the home.</p>	<p>Details to be released later in the year</p>
<p>Understanding and supporting sensory integration</p> <p>Venue: Live webinar Date: 20.01.2025 Time: 11:00-12:00</p>	<p>During this session, we will explore the sensory system and how sensory integration differences can impact our young children. We will share strategies to support sensory integration difference at home.</p>	<p>Details to be released later in the year</p>
<p>Creating a Positive Bedtime Routine</p> <p>Venue: Live webinar Date: 03.03.2025 Time: 9:30-10:30</p>	<p>This session will explore how sleep can be impacted for our children, with emerging characteristics of neurodevelopmental conditions. We will look at strategies and share ideas of how to create a positive bedtime routine.</p>	<p>Details to be released later in the year</p>

To sign up for these sessions use the individual Zoom links above.

For further information, please contact: samantha.asher@adhdfoundation.org.uk