

**EBSA Risk and resiliency questionnaire**

Name:

Date completed:

This questionnaire is intended to be completed by a school member that knows the CYP well. The risk factors are grouped under three headings: school, family, and individual factors.

Read through each section and tick on the left-hand side the factors which relate to the young person. On the right side, provide a description of the impact these factors currently have on the young person’s engagement in learning.

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| --- | --- | --- |
| Check Symbols Copy and Paste ✓ ✓ ✓ ✘ ❌ ✖ ✕ ❎ ☓ ✗ | **Statements** | **How does this impact on the CYP’s engagement in school?** |
|  | **School** |  |
|  | Experienced a recent transition (new school, year-group, or teacher) |
|  | Difficulty in peer relationships and/or experiencing bullying. |
|  | Challenge in relationships with staff members. |
|  | Challenge in specific subjects. |
|  | Difficulty in accessing the curriculum, behind in age-related expectations.  |
|  | Exam anxiety |
|  | Reluctance to engage in school activities.  |
|  | Patterns of sporadic attendance (e.g. avoiding school trips, certain subjects).  |
|  | Persistently talking negatively about school. |
|  | Overwhelmed by the noise/busyness of the school environment.  |
|  | Does not have a person/place where they feel safe in school.  |
|  | **Family** |  |
|  | Change in family dynamic. |
|  | Parental physical/mental health difficulties |
|  | Overprotective parenting style. |
|  | Experienced a recent loss/bereavement in the family. |
|  | High levels of family stress. |
|  | Family history of EBSA. |
|  | Young carer. |
|  | Witness of domestic abuse/violence.  |
|  | When at home in the day, spends most of the day with family member(s). |
|  | When at home in the day, is always entertained.  |
|  | **Individual** |  |
|  | Appears to have low confidence and self-esteem. |
|  | Seems to be anxious, tearful, or tense. |
|  | Showing feelings of low mood.  |
|  | Presents as passive, quiet, or withdrawn. |
|  | Presents as angry and has emotional outbursts.  |
|  | Physical changes e.g. eating, sleeping, headaches, stomach aches.  |
|  | Presents with social communication difficulties. |
|  | Appears isolated and/or avoids interactions with peers |
|  | Difficulty separating from parent/carer.  |
|  | Difficulty in academic skills and/or underlying thinking skills.  |
|  | Serious illness or medical condition. |